



















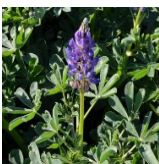




# The Monarch-Supportive Plants of Rancho Laguna Park









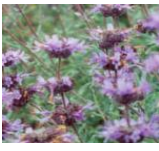

The list below includes the Monarch supportive plants,  
both host plants for the larvae (milkweed varieties),  
and flowering nectar plants for the adults.












| Image  | Common Name            | Botanical Name                                  | Mature Plant Size HxW | Bloom Time | Evergreen/ Other                          |
|--|------------------------|---|-----------------------|------------|---|
|   | Island Pink Yarrow     | <i>Achillea mellifolium</i><br>'Island Pink'    | .5 -1' x 2 – 3'       | Jun - Oct  | Evergreen Perennial                       |
|   | Yarrow Pink Rosa Maria | <i>Achillea mellifolium</i><br>'Rosa Maria'     | .5-1' x 2-3           | Jun-Oct    | Evergreen Perennial                       |
| <br><small>©200<br/>1 T.Morosco</small> | White Yarrow           | <i>Achillea mellifolium</i><br>'Sonoma Coast'   | 1-1.5' x 2'           | Jun - Sept | Evergreen Perennial                       |
|                                       | Yellow Yarrow          | <i>Achillea</i> 'Moonshine'                     | 1-2' x 2'             | Jun - Sept | Evergreen Perennial                       |
|                                       | Apricot Agastache      | <i>Agastache aurantiaca</i><br>'Apricot Sprite' | 1 ½' x 2              | May-Oct    | Perennial                                 |
|                                       | Red/Purple Agastache   | <i>Agastache Mexicana</i><br>'Sangria'          | 4' x 3'               | July-Oct   | Perennial                                 |
|                                       | Anise Hyssop           | <i>Agastache rugosa</i><br>'Little Adder'       | 1.3' x 1.5 -2'        | Jun - Oct  | Deciduous Perennial<br>? Annual in Zone 9 |
|                                       | Heart Leaf Milkweed    | <i>Asclepias cordifolia</i>                     | 1 -2' x 2'            | Apr - Aug  | Deciduous Perennial                       |

|  |                                 |                                 |                |            |                     |
|--|---------------------------------|---------------------------------|----------------|------------|---------------------|
|    | Narrow Leaf Milkweed            | Asclepias fascicularis          | 1.5 -3' x 1'   | Jun - Sept | Deciduous Perennial |
|   | Showy Milkweed 'Davis'          | Asclepias speciosa 'Davis'      | 4' x 1'        | Jun - Sept | Deciduous Perennial |
|   | 'Queen Fabiola' Triplet Lily    | Brodiaea AKA Triteleia laxa     | 1.5 -2' x 1'   | May - Oct  | Cormous Perennial   |
|   | Butterfly Bush                  | Buddleia davidii                | 6 -8' x 6 -10' | Jun - Sept | Deciduous Shrub     |
|  | Anchor Bay Mountain Lilac       | Ceanothus gloriosa 'Anchor Bay' | 2-3' x 6'      | Mar - Jun  | Evergreen Shrub     |
|    | Cosmos White/ Pink/ Purple      | Cosmos bipinnatus               | 3' x 1-1.5'    | Jun - Oct  | Annual              |
|   | Cosmos Bright Lights            | Cosmos sulfureous               | 3' x 1.5'      | Jun - Oct  | Annual              |
|   | Twinspur 'Trinity Sunset'       | Diascia barberae                | 1' x 1.5'      | Mar -Apr   | Deciduous Perennial |
|   | Forktooth Ookow or Snake Lily   | Dicholestema congestum          | 2' x 4"        | Apr - Jul  | Cormous Perennial   |
|   | Monkey flower Buff/Red/ Apricot | Diplacus                        | 1-2' x 1'      | Mar - Sept | Evergreen Shrub     |
| <br><small>Kathy Keatley Garvey</small> | Purple Coneflower               | Echinacea purpurea              | 2 -5' x 1'     | Apr - Sept | Deciduous Perennial |

|   |                        |   |                |                                |                     |
|---|------------------------|---|----------------|--------------------------------|---------------------|
|     | California Brittlebush | <i>Encelia californica</i>                  | 1.5- 5' x 3-7' | Feb - Jun                      | Deciduous Shrub     |
|    | Seaside Daisy          | <i>Erigeron glaucus</i><br>'Sea Breeze''    | 1' x 3'        | Mar-Oct<br>Possibly Year Round | Evergreen Perennial |
|    | Seaside Daisy          | <i>Erigeron glaucus</i><br>'Wayne Roderick' | 1' x 3'        | Mar-Oct<br>Possibly Year Round | Evergreen Perennial |
|    | Sweet Joe Pye Weed     | <i>Eutrochium purpureum</i>                 | 3-4' x 5-7'    | Jun - Sept                     | Evergreen Shrub     |
|    | Hairy Gum Plant        | <i>Grindelia stricta</i>                    | 3 -5' x 6'     | May - Oct                      | Deciduous Perennial |
|   | Common Sunflower       | <i>Helianthus annuus</i>                    | 6-12' x 1'     | Jun - Oct                      | Annual              |
|  | California Sunflower   | <i>Helianthus californicus</i>              | 3' x 10'       | Jun-Oct                        | Perennial           |
|  | Coral Bells            | <i>Heuchera maxima</i><br>'Rosada'          | 1-2' x 2'      | Apr-Jul                        | Evergreen Perennial |
|  | Coral Bells            | <i>Heuchera x villosa</i><br>'Marmalade'    | 1-2' x 2'      | Apr - July                     | Evergreen Perennial |
|  | English Lavender       | <i>Lavendula angustifolia</i>               | 2-3' x 3'      | June-July                      | Perennial           |

|   |                        |  |               |            |                     |
|---|------------------------|--|---------------|------------|---------------------|
|     | Meadow Blazing Star    | <i>Liatris ligulistylis</i>                    | 3-5' x 1.5'   | Aug - Sept | Perennial           |
|    | Lithodora              | <i>Lithodora diffusa</i><br>'Gold n Sapphires' | 0.5' x 2'     | Mar-Oct    | Evergreen Perennial |
|    | Lithodora              | <i>Lithodora diffusa</i><br>'Grace Ward'       | 0.5 x 2'      | Mar - Oct  | Evergreen Perennial |
|    | Trailing Lobelia       | <i>Lobelia erinus</i><br>'Cobalt'              | 0.8' x 2'     | Apr - Oct  | Annual              |
|    | Silver Lupine          | <i>Lupinus albifrons</i>                       | 3'-5' x 2'-3' | Mar-Sept   | Evergreen shrub     |
|  | Succulent Lupine       | <i>Lupinus succulentus</i>                     | 2-4' x 3'     | Feb-May    | Annual Reseeds      |
|  | Compact Oregon Grape   | <i>Mahonia aquifolia compacta</i>              | 2' x 4'       | Feb - May  | Evergreen Shrub     |
|  | Bush Monkey Flower     | <i>Mimulus aurantiacus</i>                     | 4' x 5'       | Feb-Sept   | Evergreen Shrub     |
|  | Bee Balm Wild Bergamot | <i>Monarda fistulosa</i>                       | 2-4' x 2-3'   | Jun - Sept | Deciduous Perennial |
|  | Narrowleaf Coyote Mint | <i>Monardella leonides</i>                     | 2-3' x 2-3'   | Jun - Nov  | Evergreen Perennial |

|   |                        |                                       |                                    |            |                          |
|---|------------------------|---------------------------------------|------------------------------------|------------|--------------------------|
|     | Scarlet Monardella     | Monardella macrantha 'Marian Sampson' | .3' x .5'                          | Apr - Nov  | Evergreen                |
|    | Coyote mint            | Monardella villosa 'Russian River'    | 1 ½' x 1 ½'                        | May-Sept   | Evergreen Semi-deciduous |
|    | Cat mint               | Nepeta x faassenii                    | 2' x 2'                            | May -Dec   | Perennial                |
|    | May Pop Passion Flower | Passiflora incarnata                  | 10-15'x1'<br>Up to 25' when mature | Apr-Sept   | Evergreen Vine           |
|    | Passion Vine           | Passiflora 'Witchcraft'               | 10' x 1'                           | Jun - Nov  | Evergreen Vine           |
|   | Variegated Mint Bush   | Prostanthera ovalifolia               | 5' x 5'                            | Apr - Sept | Evergreen Shrub          |
|  | Rosemary               | Rosemarinus officinalis 'BBQ'         | 2-4' x 1-1.5'                      | Feb -Nov   | Evergreen Perennial      |
|  | Blackeyed Susan        | Rudbeckia hirta 'Indian Summer'       | 3' x 3'                            | Jun - Nov  | Deciduous Biennial       |
|  | Cleveland Sage         | Salvia clevelandii                    | 2-3' x 2-3'                        | May - Nov  | Evergreen Shrub          |
|  | Salvia 'Indigo Spires' | Salvia longispicata x farinacea       | 3-4' x 2-3'                        | Jun - Nov  | Semi-Evergreen Perennial |

|   |                                |                                 |                 |           |                        |
|---|--------------------------------|---------------------------------|-----------------|-----------|------------------------|
|   | Salvia 'Sierra de San Antonio' | Salvia x Jamensis               | 2-3' x 2-4'     | Apr-Oct   | Deciduous<br>Perennial |
|    | Black Sage                     | Salvia mellifera                | 4-5' x 3'       | Apr-July  | Perennial              |
|    | Mexican Flame Vine             | Senecio confusus                | 6-12'x 3-6'     | May-Oct   | Evergreen<br>Perennial |
|    | Goldenrod                      | Solidago californica            | 1 -1.5' x 7'    | Aug-Nov   | Evergreen<br>Perennial |
|    | Mexican Bush Sunflower         | Tithonia rotundifolia           | 4-6' x 2-3'     | Jun - Nov | Annual                 |
|   | Foothill Penstemon             | Penstemon heterophyllus         | 1' x 2'         | May - Aug | Perennial              |
|                                        | Lilac Verbena                  | Verbena lilacina 'De La Mina'   | 3' x 3'         | Jan - Dec | Perennial              |
|                                        | Cedros Island Verbena          | Verbena lilacina 'Paseo Rancho' | 3 - 4' x 3 - 5' | Jan - Dec | Perennial              |
|                                        | Chartreuse Zinnia              | Zinnia elegans 'Envy'           | 3-4' x 1'       | May - Nov | Annual                 |
| <br><small>Photo by Lee Miller</small> | Purple Zinnia                  | Zinnia elegans 'Purple'         | 3-4' x 1'       | May - Nov | Annual                 |
|                                        | Salmon Zinnia                  | Zinnia elegans 'Pumila Salmon'  | 3-4' x 1'       | May - Nov | Annual                 |

