

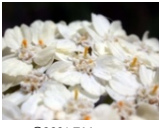























# The Monarch-Supportive Plants of Rancho Laguna Park










The list below includes the Monarch supportive plants,  
both host plants for the larvae (milkweed varieties),  
and flowering nectar plants for the adults.

Image	Common Name	Botanical Name	Mature Plant Size HxW	Bloom Time	Evergreen/ Other
	Island Pink Yarrow	<i>Achillea mellifolium</i> 'Island Pink'	.5 -1' x 2 – 3'	Jun - Oct	Evergreen Perennial
	Yarrow Pink Rosa Maria	<i>Achillea mellifolium</i> 'Rosa Maria'	.5-1' x 2-3	Jun-Oct	Evergreen Perennial
 <small>©2001 T.Morosco</small>	White Yarrow	<i>Achillea mellifolium</i> 'Sonoma Coast'	1-1.5' x 2'	Jun - Sept	Evergreen Perennial
	Yellow Yarrow	<i>Achillea</i> 'Moonshine'	1-2' x 2'	Jun - Sept	Evergreen Perennial
	Anise Hyssop	<i>Agastache rugosa</i> 'Little Adder'	1.3' x 1.5 -2'	Jun - Oct	Deciduous Perennial ? Annual in Zone 9
	Heart Leaf Milkweed	<i>Asclepias cordifolia</i>	1 -2' x 2'	Apr - Aug	Deciduous Perennial
	Narrow Leaf Milkweed	<i>Asclepias fascicularis</i>	1.5 -3' x 1'	Jun - Sept	Deciduous Perennial

	Showy Milkweed 'Davis'	<i>Asclepias speciosa</i> 'Davis'	4' x 1'	Jun - Sept	Deciduous Perennial
	'Queen Fabiola' Triplet Lily	<i>Brodiaea</i> AKA <i>Triteleia laxa</i>	1.5 -2' x 1'	May - Oct	Cormous Perennial
	Butterfly Bush	<i>Buddleia davidii</i>	6 -8' x 6 -10'	Jun - Sept	Deciduous Shrub
	Anchor Bay Mountain Lilac	<i>Ceanothus gloriosa</i> 'Anchor Bay'	2-3' x 6'	Mar - Jun	Evergreen Shrub
	Cosmos White/ Pink/ Purple	<i>Cosmos bipinnatus</i>	3' x 1-1.5'	Jun - Oct	Annual
	Cosmos Bright Lights	<i>Cosmos sulfureus</i>	3' x 1.5'	Jun - Oct	Annual
	Dutchman's Pipevine	<i>Aristolochia californica</i>	Up to 20' x 1 - 2'	Jan - June	Semi Evergreen Perennial Vine
	Twinspur 'Trinity Sunset'	<i>Diascia barberae</i>	1' x 1.5'	Mar -Apr	Deciduous Perennial
	Forktooth Ookow or Snake Lily	<i>Dicholestema congestum</i>	2' x 4"	Apr - Jul	Cormous Perennial
	Monkey flower Colors: Orange, Red, Buff, Apricot	<i>Diplacus</i> AKA <i>Mimulus</i>	1-2' x 1'	Mar - Sept	Evergreen Shrub

 <small>Kathy Keatley Garvey</small>	Purple Coneflower	Echinacea purpurea	2 -5' x 1'	Apr - Sept	Deciduous Perennial
	California Brittlebush	Encelia californica	1.5- 5' x 3-7'	Feb - Jun	Deciduous Shrub
	Seaside Daisy	Erigeron glaucus 'Sea Breeze'	1' x 3'	Mar-Oct Possibly Year Round	Evergreen Perennial
	Seaside Daisy	Erigeron glaucus 'Wayne Roderick'	1' x 3'	Mar-Oct Possibly Year Round	Evergreen Perennial
	Sweet Joe Pye Weed	Eutrochium purpureum	3-4' x 5-7'	Jun - Sept	Evergreen Shrub
	Hairy Gum Plant	Grindelia stricta	3 -5' x 6'	May - Oct	Deciduous Perennial
	Sunflower	Helianthus annuus	6-12' x 1'	Jun - Oct	Annuals
	California Sunflower	Helianthus californicus	3' x 10'	Jun-Oct	Perennial
	Coral Bells	Heuchera maxima 'Chanel Island'	1-2' x 2'	Apr-Jul	Evergreen Perennial

	Coral Bells	Heuchera x villosa 'Marmalade'	1-2' x 2'	Apr - July	Evergreen Perennial
	Blazing Star	Liatris ligulistylis	3-5' x 1.5'	Aug - Sept	Perennial
	Lithodora	Lithodora diffusa 'Gold n Sapphires'	0.5' x 2'	Mar-Oct	Evergreen Perennial
	Lithodora	Lithodora diffusa 'Grace Ward'	0.5 x 2'	Mar - Oct	Evergreen Perennial
	Trailing Lobelia	Lobelia erinus 'Regatta sapphire'	0.8' x 2'	Apr - Oct	Annual
	Compact Oregon Grape	Mahonia aquifolia compacta	2' x 4'	Feb - May	Evergreen Shrub
	Bee Balm Wild Bergamot	Monarda fistulosa	2-4' x 2-3'	Jun - Sept	Deciduous Perennial
	Spotted Bee Balm	Monarda punctata	2' x 2'	Aug - Oct	Deciduous Perennial

	Narrowleaf Monardella	Monardella leonides	2-3' x 2-3'	Jun - Nov	Evergreen Perennial
	Scarlet Monardella	Monardella macrantha 'Marion Sampson'	.3 x .5	Apr - Nov	Evergreen
	Cat mint	Nepeta x faassenii	2' x 2'	May - Dec	Perennial
	Passion Vine	Passiflora 'Witchcraft'	10' x 1'	Jun - Nov	Evergreen Vine
 <small>Courtesy of Alice Joyce</small>	Variegated Mint Bush	Prostanthera ovalifolia	5' x 5'	Apr - Sept	Evergreen Shrub
	Rosemary	Rosemarinus officinalis 'BBQ'	2-4' x 1-1.5'	Feb - Nov	Evergreen Perennial
	Blackeyed Susan	Rudbeckia hirta 'Indian Summer'	3' x 3'	Jun - Nov	Deciduous Biennial
	Cleveland Sage	Salvia clevelandii	2-3' x 2-3'	May - Nov	Evergreen Shrub
	Salvia 'Indigo Spires'	Salvia longispicata x farinacea	3-4' x 2-3'	Jun - Nov	Semi-Evergreen Perennial

 <small>Photo by Keir Morse</small>	Black Sage	<i>Salvia mellifera</i>	1.5' x 1'	Apr- Aug	Evergreen Perennial
	Goldenrod	<i>Solidago californica</i>	1 -1.5' x 7'	Aug- Nov	Evergreen Perennial
	Mexican Bush Sunflower	<i>Tithonia diversifolia</i>	4-6' x 2-3'	Jun - Nov	Annual
	Woolly Blue curls	<i>Trichostema lanatum</i>	4' x 4'	Mar - Jun	Evergreen Shrub
	Foothill Penstemon	<i>Penstemon heterophyllus</i>	1' x 2'	May - Aug	Perennial
	Lilac Verbena	<i>Verbena lilacina</i> 'De La Mina'	3' x 3'	Jan - Dec	Perennial
	Cedros Island Verbena	<i>Verbena lilacina</i> 'Paseo Rancho'	3 - 4' x 3 - 5'	Jan - Dec	Perennial
	Chartreuse Zinnia	<i>Zinnia elegans</i> 'Envy'	3-4' x 1'	May - Nov	Annual
 <small>Photo by Lee Miller</small>	Purple Zinnia	<i>Zinnia elegans</i> 'Purple'	3-4' x 1'	May - Nov	Annual

	Salmon Zinnia	Zinnia elegans 'Pumila Salmon'	3-4' x 1'	May - Nov	Annual
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